

Session 1 - Heats			Session 3 - Heats			Session 5 - Heats			Session 7 - Heats			Session 9 - Heats		
1	400m Free	M 13 & Over	8	200m Breast	F 13 & Over	15	400m IM	M 13 & Over	26	400m IM	F 13 & Over	33	400m Free	F 13 & Over
2	100m Free	F 13 & Over	9	200m Breast	M 13 & Over	16	50m Fly	F 13 & Over	27	200m Back	M 13 & Over	34	200m IM	M 13 & Over
3	50m Breast	M 13 & Over	10	50m Free	F 13 & Over	17	50m Fly	M 13 & Over	28	200m Back	F 13 & Over	35	200m IM	F 13 & Over
4	50m Breast	F 13 & Over	11	50m Free	M 13 & Over	18	100m Breast	M 13 & Over	29	100m Fly	M 13 & Over	36	50m Back	M 13 & Over
5	200m Fly	M 13 & Over	12	100m Back	F 13 & Over	19	200m Free	F 13 & Over	30	100m Fly	F 13 & Over	37	50m Back	F 13 & Over
6	200m Fly	F 13 & Over	13	800m Free	M 13 & Over	20	200m Free	M 13 & Over	31	100m Breast	F 13 & Over	38	100m Free	M 13 & Over
7	100m Back	M 13 & Over	14	800m Free	F 13 & Over	21	1500m Free	F 13 & Over	32	1500m Free	M 13 & Over	39	4x100 Medley C Relay	F Age
						22	4x100m Free CR	F Age				40	4x100 Medley C Relay	M Age
						23	4x100m Free CR	M Age				41	4x100 Medley C Relay	F Youth
						24	4x100m Free CR	F Youth				42	4x100 Medley C Relay	M Youth
						25	4x100m Free CR	M Youth						

Session 2 - Finals			Session 4 - Finals			Session 6 - Finals			Session 8 - Finals			Session 10 - Finals		
1	400m Free	M 13 years M 14 years M 15 years M 16 years M 17-18 years	8	200m Breast	F 13 years F 14 years F 15 years F 16 years F 17-18 years	15	400m IM	M 13 years M 14 years M 15 years M 16 years M 17-18 years	26	400m IM	F 13 years F 14 years F 15 years F 16 years F 17-18 years	33	400m Free	F 13 years F 14 years F 15 years F 16 years F 17-18 years
2	100m Free	F 13 years F 14 years F 15 years F 16 years F 17-18 years	9	200m Breast	M 13 years M 14 years M 15 years M 16 years M 17-18 years	16	50m Fly	F 13 years F 14 years F 15 years F 16 years F 17-18 years	27	200m Back	M 13 years M 14 years M 15 years M 16 years M 17-18 years	34	200m IM	M 13 years M 14 years M 15 years M 16 years M 17-18 years
3	50m Breast	M 13 years M 14 years M 15 years M 16 years M 17-18 years	10	50m Free	F 13 years F 14 years F 15 years F 16 years F 17-18 years	17	50m Fly	M 13 years M 14 years M 15 years M 16 years M 17-18 years	28	200m Back	F 13 years F 14 years F 15 years F 16 years F 17-18 years	35	200m IM	F 13 years F 14 years F 15 years F 16 years F 17-18 years
4	50m Breast	F 13 years F 14 years F 15 years F 16 years F 17-18 years	11	50m Free	M 13 years M 14 years M 15 years M 16 years M 17-18 years	18	100m Breast	M 13 years M 14 years M 15 years M 16 years M 17-18 years	29	100m Fly	M 13 years M 14 years M 15 years M 16 years M 17-18 years	36	50m Back	M 13 years M 14 years M 15 years M 16 years M 17-18 years
5	200m Fly	M 13 years M 14 years M 15 years M 16 years M 17-18 years	12	100m Back	F 13 years F 14 years F 15 years F 16 years F 17-18 years	19	200m Free	F 13 years F 14 years F 15 years F 16 years F 17-18 years	30	100m Fly	F 13 years F 14 years F 15 years F 16 years F 17-18 years	37	50m Back	F 13 years F 14 years F 15 years F 16 years F 17-18 years
6	200m Fly	F 13 years F 14 years F 15 years F 16 years F 17-18 years	13	800m Free (TF)	M 13-18 years	20	200m Free	M 13 years M 14 years M 15 years M 16 years M 17-18 years	31	100m Breast	F 13 years F 14 years F 15 years F 16 years F 17-18 years	38	100m Free	M 13 years M 14 years M 15 years M 16 years M 17-18 years
7	100m Back	M 13 years M 14 years M 15 years M 16 years M 17-18 years	14	800m Free (TF)	F 13-18 years	21	1500m Free (TF)	F 13-18 years	32	1500m Free (TF)	M 13-18 years	39	4x100 Medley C Relay	F Age
												40	4x100 Medley C Relay	M Age
												41	4x100 Medley C Relay	F Youth
												42	4x100 Medley C Relay	M Youth

22	4x100m Free CR	F Age
23	4x100m Free CR	M Age
24	4x100m Free CR	F Youth
25	4x100m Free CR	M Youth